

Alternatives to questions

Alternative strategy	Example
Invite the coachee to elaborate	'It would be good if you could say a little more about...'
Speculate about the focus of the discussion	'I wonder what would happen if...'
Make a suggestion	'Perhaps we could try...'
Reflect on the focus	'Let's bring this together...'
Offer extra information	'It might be useful to know...' 'We could access some guidance at...'
Reinforce useful suggestions	'I especially liked...because...'
Clarify ideas	'We can tell this is the case because...'
Talk as learner	'When I tried that...'
Summarise	'So we're saying...'
Non-verbal interventions	Eye contact, nods, facial expressions, gestures, backchannelling (Mm, uh huh)